



Join us in December for a joint meeting
of Central Ohio ASSE and the

CAPITAL AREA SAFETY COUNCIL

It's *"your right to know"* about this topic:

HAZARD COMMUNICATION: OSHA'S MOST CITED STANDARD



When:

- Wednesday, December 20, 2006
- Registration and Networking: 7:30 to 8 a.m.
- Presentation: 8 to 9 a.m.

Where: *(Enter through the side banquet doors)*

- Berwick Manor Party House, 3250 Refugee Rd., Columbus, 43232
- For directions, go to www.centralohioasse.org

Cost: \$5.00 per person, payable at the door.

RSVP: Please RSVP by Friday, December 15 to...

- Michele Blaney, Safex at 890-0800 x 203 or mblaney@safex.us
- Online through CASC at www.capitalareasafetycouncil.com
- Online through ASSE at www.centralohioasse.org



October Meeting Summary

AVIAN FLU EPIDEMIC

Are you prepared for an outbreak?

Susan Campbell, MS, RN, with Columbus Public Health, addressed Avian Flu, with business planning as the main theme of her presentation.

She defined pandemic influenza as a global disease outbreak of a new influenza for which humans have little or no resistance. The likelihood of this pandemic is not a matter of “if” but “when,” Campbell explained. She stressed creating a “ready in 3” program: Site controls; Social distancing; and Infection control.



Campbell also identified 10 steps a business should take:

1. Identify core business activities and services
2. Plan for possible interruptions of governmental services like water, power, transportation, etc.
3. Determine which outside activities are crucial
4. Allocate resources to protect staff and customers
5. Establish or expand policies and tools
6. Maintain a healthy work environment
7. Tell employees about the possibility of pandemic
8. Establish an emergency communication plan
9. Set up pandemic policies
10. Develop a pandemic flu planning team

After all, she concluded:

“The only thing more difficult than planning for a emergency is having to explain why you didn’t.”

The entire power point presentation can be accessed through at www.centralohioasse.org.

MORE FROM OCTOBER

Special thanks: Tracy Thompson and the City of Columbus Facilities Management Division, for hosting the meeting.

Door prize winners:
Sally Horvath (ASSE shirt) and
Walter Polk (gift card)

50/50 raffle winner:
Charles Guinther

Halloween costume winner:
Paula Burleson!



November Meeting Summary

HEALTH & WELLNESS

Are you up for the challenge?

Vicky Tullis of Whole Health started the November meeting by explaining services provided for clients such as The Scotts Wellness Center in Marysville. These services include:

- A fitness center, with nominal membership fees that are refunded if you complete 120 workouts per calendar year
- Fitness assessments, personal trainers and group exercise classes
- On-site pharmacy services
- On-site medical services for associates and dependents (over age 2) for primary care, urgent care and occupational health
- Ergonomic evaluations and job analyses
- Nutritional counseling, cooking demos and recipes
- Health promotion programs such as tobacco cessation and weight management



Kevin Decot of Honda of America Manufacturing, Inc. explained Honda’s “Wellness Strategy”: increase personal accountability, better manage its healthcare benefit program and educate associates. He also explained the “Destination Wellness” initiatives:

- Create a culture of wellness through healthy food selections, enhanced drug/alcohol policy, etc.
- Enhance benefit plan by encouraging healthy behavior
- Have targeted programs for health coaching, disease management, etc.
- Enhance communication and education programs with newsletter articles, new-hire orientation, etc.
- Provide community outreach

He concluded with a quote from Ralph Waldo Emerson:

“The first wealth is health.”

MORE FROM NOVEMBER

Special thanks: Joe Oiler and The Scotts Miracle-Gro Company for hosting the meeting.

Door prize winners: Paul Brown, Kathy Dendahl, Jennifer Jackson and Paula Burleson

50/50 raffle winner: John Principe



2006-2007

Executive Committee

Chapter Officers

- **President** – Kirby Utt (614/225-8335)
- **President Elect** – Dave Frey (614/921-0962)
- **Treasurer** – Tracy Thompson (614/645-0432)
- **Secretary** – Joe Cicero (937/645-8375)
- **Past President** – Nick Minto (614/781-8550)



Committee Chairs

- **Program** – John Principe (740/587-5646)
- **Membership** – Bob Beck (614/439-3122)
- **Government Affairs** – Todd Smith (614/488-4000 x 1110)
- **Public Relations/BWC Safety Congress** – Nick Minto (614/781-8550)
- **Newsletter** – Meg DeWerth (614/883-1315)
- **House of Delegates/CoPS** – Amy Stewart (740/892-4226)
- **Webmaster** – Kirby Utt (740/927-3595)

We're always looking for more volunteers to keep our Chapter strong. If you're interested in getting involved, please contact any of the officers or chairs listed above.

Officer/Committee Reports

Treasurer:

Our chapter account balance is:

- As of November 1, 2006 – \$1,560.82
- As of December 1, 2006 – \$1,453.36

Membership:

- Our Chapter has 169 active members, with 21 other members in a grace period
- Visit www.asse.org to learn how you can win a trip to Hawaii by recruiting new members!

BWC Safety Congress:

- Mark your calendar now for the Ohio Safety Congress and Expo at the I-X Center in Cleveland: March 20-22, 2007.

Program:

- Our meeting topics are set through May 2007, but we are already looking for ideas for the 2007-2008 (yikes!) year. If you have any ideas for topics or speakers, please contact John Principe.

Don't miss the remaining
2006-2007 meetings:

- January 19: Ethics and Liability for the Safety Professional
- February 16: Return to Work Strategies and Transitional Duty Programs
- March 16: ANSI Z10 Update
- April 20: NFPA 70-E
- May 18: Legal Update





Tired of SPAM e-mail? So are we!

The officers of the Central Ohio Chapter of ASSE apologize for any spam e-mail you may have received as a result of our Chapter website and/or e-mail list.

We do not take this issue lightly and we are doing everything we can to solve the problem. We have recently made significant “behind the scene” changes to our e-mail list to eliminate or reduce the spam. (Of course, we won’t divulge what the changes are, in an effort to keep the “bad guys” from finding a new way to access our e-mails!)

Several of our members have asked to be removed from the e-mail distribution list and we will gladly (and sadly) honor those requests. If you have asked to be removed from our e-mail list, but continue to receive newsletters, please let us know. If you choose to no longer receive the newsletter via e-mail, please check our Website regularly for the meeting announcements and newsletter.

www.centralohioasse.org

Student Section Liaisons Announced

The Central Ohio ASSE Chapter has established two student sections - with Ohio University and Columbus State Community College. The Chapter liaisons are:

OU: Tom Finnegan

CSCC: Rhonda Munoz

Student Sections are designed to assist students who are pursuing degrees in the environmental, health and safety fields. The role of the Chapter is to provide students with the opportunity to learn more about their chosen areas of study and to promote interaction between students and industry professionals.

Speaking of “students”...

Encourage all kids you know to participate in the NAOSH Kids Poster Contest

As part of the North American Occupational Safety and Health (NAOSH) Week, ASSE is sponsoring the fifth annual “Safety on the Job Kids Poster Contest.” The contest is divided into several age categories, with the deadline to submit posters on Valentines Day, February 14, 2007. For more information or to obtain an entry form, visit <http://www.asse.org/naosh>.

